



KITE COLLEGE
Kent Inclusive Technical Education

Level 1 Award/Certificate/Diploma in Introduction to the Hospitality Industry (City & Guilds 7107)

Location: Kite College

Duration: 1 Year

Level: 1 | Awarding Body: City & Guilds

Suitable for: Young people aged 16+ with additional needs working around Entry Level 3 – Level 1

Course Overview

This exciting, hands-on course is perfect for learners who enjoy cooking, being part of a team, and working in practical environments. The Level 1 Introduction to the Hospitality Industry gives learners a taste of real-world hospitality roles in a fun, supportive setting.

Learners will build skills in basic cooking, food safety, serving food and drink, and working as part of a hospitality team. Whether it's preparing fajitas in the kitchen, setting up for a café-style event, or learning how to work safely and hygienically, this course helps develop both independent living skills and employability in catering and hospitality.

What You Will Learn

How to prepare and cook simple meals

Safe and hygienic kitchen practice

Serving food and drink to others

Teamwork and customer service in hospitality

Cleaning and setting up food areas

Healthy eating basics

Course Features

Small group, supported sessions

Step-by-step visual instructions and hands-on practice

Real-life scenarios (e.g. café simulation, hosting college events)

Builds confidence, independence, and teamwork

Pathway to supported internships or hospitality roles

Assessment

No exams – learners are assessed through practical activities, tutor observation, and portfolio work (photos, checklists, short written or verbal tasks).

Progression Opportunities

Level 1 or 2 Culinary Skills

Supported Internships or work placements in catering and hospitality

Volunteering or part-time roles in kitchens, cafés, or food service

Life skills development for independent living